



ALBAN WOOD PRIMARY SCHOOL AND NURSERY

The Brow, Watford WD25 7NX • Tel 01923 678240 / 678247 • Fax 01923 678256

Mrs Rachel Kirk, Headteacher

WE VALUE: RESPECT, KINDNESS AND AMBITION

Tuesday 12th July 2016

Dear Parent/Carer,

There has been a lot going on this term at After School Club! We have been busy doing activities for our displays including a healthy eating display and the school's values display is going well with the children being keen to earn points for their team. We have bought some new toys after having group discussions with the children about what they would like to see at After School Club and it has been nice to see some new faces joining us this term.

We have sat down with the children and discussed any foods they would like to keep or change and the majority of the food will remain the same with a few added options. Please see below for September's menu:-

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|--|---|---|----------------------------------|--|
| Meat option | Homemade chicken pie, roast potatoes and carrots | Homemade cheese and ham pizza, sweetcorn or spaghetti hoops | Sausages, mashed potatoes, runner beans and gravy | Lasagne with salad | Ham and cheese pasta, served with garlic bread |
| Vegetarian Option | Homemade Quorn pie, roast potatoes and carrots | Homemade cheese pizza, sweetcorn or spaghetti hoops | Quorn sausages, mashed potatoes, runner beans and gravy | Quorn lasagne with salad | Cheese pasta served with garlic bread |
| Dessert | Yogurts | Pancakes, fresh fruit and ice cream | A selection of fruits | Homemade sponge cake and topping | A selection of fruits |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Meat option | Homemade chicken pie, roast potatoes and carrots | Homemade cheese and ham pizza, sweetcorn or spaghetti hoops | Fish fingers, mashed potatoes and peas | Spaghetti bolognese | Ham and cheese pasta, served with garlic bread |
| Vegetarian option | Quorn pie, roast potatoes and carrots | Homemade cheese pizza, sweetcorn or spaghetti hoops | Fish fingers, mashed potatoes and peas | Quorn bolognese | Cheese pasta served with garlic bread |
| Dessert | Yogurts | Jelly and ice cream | A selection of fruit | Chocolate sponge | A selection of fruits |



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I would like to inform you that After School Club is having a picnic on Tuesday 19th July; the children have chosen to have this event as they enjoyed it last year. We will be having a picnic tea along with games.

I can't believe we are nearly at the end of another academic year! I would like to say good luck to all the Year 6 leaving Alban Wood and best wishes for the future. I would like to thank all the parent/carers for their ongoing support to both breakfast and after school club. I hope you have an enjoyable and safe summer holiday and look forward to seeing you all in September.

Yours sincerely

Miss Douglas
Wraparound Care Manager