



| | | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|----|---------|------------|-----------------------|------------------|------------|-----------|----------|
| Y1 | Indoor | Gymnastics | Locomotion | Gymnastics | Dance | Games | |
| | Outdoor | Games | Games | Games | Games | Athletics | |
| Y2 | Indoor | Gymnastics | Locomotion | Gymnastics | Dance | Games | |
| | Outdoor | Games | Games | Games | Games | Athletics | |
| Y3 | Indoor | Tag Rugby | Gymnastics | Hockey | Dance | Athletics | |
| | Outdoor | Swimming | | Swimming | | Rounders | |
| Y4 | Indoor | Gymnastics | Fitness circuits | Indoor Athletics | Dance | Football | |
| | Outdoor | Tri Golf | Tennis | Netball | Cricket | Athletics | |
| Y5 | Indoor | Handball | Gymnastics | | Dance | Athletics | |
| | Outdoor | Hockey | Fitness/ Endurance | Tag Rugby | | Rounders | |
| Y6 | Indoor | Dance | Fitness circuits | Tennis | Gymnastics | Swimming | |
| | Outdoor | Netball | | Kwik Cricket | Handball | Athletics | |