



We value: Respect, Kindness, Ambition



Work together, learn together, succeed together

Monday 16th November 2020

Dear Parents and Carers

We're sharing this information on behalf of Hertfordshire County Council and the Local Resilience Forum who support the countywide response to coronavirus.

Did you know that only 20% of people in Hertfordshire self-isolate when they are asked to by a nursery, school, college, workplace, Test and Trace or a health professional? 1 in 4 of us admitted that we'd still pop to the shops even if we had been asked to self-isolate.

We know it's not easy and self-isolation can have a real impact on our lives, however if we're asked to do it, it's one of the most important things we can do to reduce the spread of coronavirus.

We've pulled together a guide which we hope simplifies some of the rules around self-isolation, the reason for the number of days you might be asked to self-isolate for (including as part of a school bubble), how to recognise symptoms of coronavirus and when to book a test.

Help is available to support you and your family should anyone from your household need to self-isolate, or if you've been affected by coronavirus in anyway – there is some information about the help available in the guide.

Thank you for continuing to play your part in the fight to reduce the impact of coronavirus in Hertfordshire, and for helping to keep our communities safe.

Regards

Hazel Pinder

Head of School