

## KS2 Overview of Learning

Overview of Learning	Games: Invasion		
Year 3	<p><b><u>Invasion: Tag Rugby</u></b></p> <ul style="list-style-type: none"> <li>Introduce moving with the ball, passing and receiving</li> <li>Introduce tagging</li> <li>Create space when attacking</li> <li>Develop passing and moving</li> <li>Combine passing and moving to create attacking opportunities</li> </ul>	<p><b><u>Invasion: Hockey</u></b></p> <ul style="list-style-type: none"> <li>Introduce dribbling; keeping control</li> <li>Introduce passing and receiving</li> <li>Combine dribbling and passing to create space</li> <li>Develop passing, receiving and dribbling</li> <li>Introduce shooting</li> </ul>	
Year 4	<p><b><u>Invasion: Football</u></b></p> <ul style="list-style-type: none"> <li>Refine dribbling</li> <li>Turning</li> <li>Refine passing and receiving</li> <li>Develop passing and dribbling creating space</li> <li>Introduce shooting</li> </ul>	<p><b><u>Invasion: Netball</u></b></p> <ul style="list-style-type: none"> <li>Refine passing and receiving</li> <li>Develop passing and dribbling creating space</li> <li>Develop passing, moving and shooting</li> <li>Refine passing and shooting</li> <li>Develop footwork</li> </ul>	
Year 5	<p><b><u>Invasion: Tag Rugby</u></b></p> <ul style="list-style-type: none"> <li>Refine passing and moving to create attacking opportunities</li> <li>Explore different passes that can be used to outwit defenders</li> <li>Refine defending as a team</li> <li>Create and apply defending as a team</li> <li>Create and apply defending tactics. Develop officiating</li> </ul>	<p><b><u>Invasion: Hockey</u></b></p> <ul style="list-style-type: none"> <li>Recap and refine dribbling and passing to create attacking opportunities</li> <li>Develop defending; block and tackling</li> <li>Refine shooting</li> <li>Refine attacking skills, passing dribbling and shooting</li> <li>Refine defending skills developing transition from defence to attack</li> </ul>	<p><b><u>Invasion: Handball</u></b></p> <ul style="list-style-type: none"> <li>Consolidate passing and receiving</li> <li>Explore the function of other passes</li> <li>Develop defending</li> <li>Develop passing and creating space, introduce officiating</li> <li>Refine shooting</li> </ul>
Year 6	<p><b><u>Invasion: Handball</u></b></p> <ul style="list-style-type: none"> <li>Consolidate keeping possession; possession scenarios</li> <li>Consolidation of possession skills, develop officiating</li> <li>Consolidate defending understand and apply defending tactics in game situations</li> <li>Consolidate defensive tactics; understand and apply defensive tactics in game scenarios</li> </ul>	<p><b><u>Invasion: Netball</u></b></p> <ul style="list-style-type: none"> <li>Consolidate keeping possession</li> <li>Consolidation of possession skills, develop officiating</li> <li>Consolidate defending</li> <li>Create, understand and apply attacking tactics in game situations</li> <li>Create, understand and apply defending tactics in game situations</li> </ul>	

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Overview of Learning	Games: Striking & Fielding	Games: Net / Wall	Athletics
Year 3	<p><u>Rounders</u></p> <ul style="list-style-type: none"> <li>Introduce to rounders</li> <li>Introduce overarm throwing</li> <li>Apply overarm and underarm throwing</li> <li>Introduce stopping the ball</li> <li>Application of stopping the ball in a game</li> </ul>		<p><u>Running</u></p> <ul style="list-style-type: none"> <li>Explore running for speed</li> <li>Develop running for speed</li> <li>Introduction relay; running for speed in a team</li> <li>Develop relay running for speed in a team</li> <li>Explore running for distance</li> <li>Understand and apply tactics when running for distance</li> </ul>
Year 4	<p><u>Cricket</u></p> <ul style="list-style-type: none"> <li>Develop an understanding of batting and fielding</li> <li>Introduce bowling underarm</li> <li>Develop stopping and returning the ball</li> <li>Develop retrieving and returning the ball</li> <li>Striking the ball at different angels and speeds</li> </ul>	<p><u>Tennis</u></p> <ul style="list-style-type: none"> <li>Developing the forehand</li> <li>Creating space to win a point suing a racket</li> <li>Introduce the backhand</li> <li>Applying the forehand and backhand in game situations</li> <li>Applying the forehand and backhand creating space to win a point</li> </ul>	<p><u>Jumping</u></p> <ul style="list-style-type: none"> <li>Jumping for distance; standing long jump</li> <li>Jumping for distance; standing triple jump</li> </ul>
Year 5	<p><u>Rounders</u></p> <ul style="list-style-type: none"> <li>Develop fielding tactics maximising players</li> <li>Understand what happens if the batter misses the ball</li> <li>Refine fielding tactics, what players where?</li> <li>Applying tactics in min games</li> </ul>		<p><u>Throwing</u></p> <ul style="list-style-type: none"> <li>Throwing accuracy vs distance</li> <li>Throwing for distance; javelin</li> <li>Throwing for distance; shot put</li> <li>Throwing for distance; discus</li> </ul>
Year 6	<p><u>Cricket</u></p> <ul style="list-style-type: none"> <li>Consolidate batting</li> <li>Consolidate fielding</li> <li>Consolidate bowling</li> <li>Create, understand and apply attacking tactics in game situations</li> </ul> <p>Create, understand and apply defensive tactics in game situations</p>	<p><u>Tennis</u></p> <ul style="list-style-type: none"> <li>Game application; cone tennis</li> <li>Game application; round robin games</li> <li>Game application; mixed ability doubles, round robin games</li> </ul> <p>Game application; tag team tennis</p>	<p><u>Competitions</u></p> <ul style="list-style-type: none"> <li>Level 1 Running</li> <li>Level 1 Throwing</li> <li>Level Jumping</li> <li>Mini Olympics</li> </ul>

## KS2 Overview of Learning

Overview of Learning	Outdoor & Adventurous Activities			Health Related Exercise
Year 5	<p><b><u>Orienteering</u></b></p> <ul style="list-style-type: none"> <li>• Face orienteering</li> <li>• Cone orienteering</li> <li>• Point and return</li> <li>• Point to point</li> <li>• Timed course</li> <li>• Orienteering competition</li> </ul>	<p><b><u>Problem Solving</u></b></p> <ul style="list-style-type: none"> <li>• Benches and mats challenge</li> <li>• Round the clock card challenge</li> <li>• The pen challenge</li> <li>• The river rope challenge</li> <li>• Caving challenges</li> </ul>	<p><b><u>Communication and Tactics</u></b></p> <ul style="list-style-type: none"> <li>• Creating and applying simple tactics</li> <li>• Developing leadership</li> <li>• Developing communication as a team</li> <li>• Communicating as a team</li> <li>• Communicating to collaborate effectively as a team</li> <li>• Communicating to create defending and attacking tactics as a team</li> </ul>	<p><b><u>Health Related Exercise</u></b></p> <ul style="list-style-type: none"> <li>• Initial Fitness Assessment</li> <li>• Cardio Fitness 1</li> <li>• Flexibility</li> <li>• Strength</li> <li>• Cardio Fitness 2</li> <li>• Fitness Assessment</li> </ul>
Year 6	<p><b><u>Orienteering</u></b></p> <ul style="list-style-type: none"> <li>• Face orienteering</li> <li>• Cone orienteering</li> <li>• Point and return</li> <li>• Point to point</li> <li>• Timed course</li> <li>• Orienteering competition</li> </ul>	<p><b><u>Problem Solving</u></b></p> <ul style="list-style-type: none"> <li>• Benches and mats challenge</li> <li>• Round the clock card challenge</li> <li>• The pen challenge</li> <li>• The river rope challenge</li> <li>• Caving challenges</li> </ul>	<p><b><u>Communication and Tactics</u></b></p> <ul style="list-style-type: none"> <li>• Creating and applying simple tactics</li> <li>• Developing leadership</li> <li>• Developing communication as a team</li> <li>• Communicating as a team</li> <li>• Communicating to collaborate effectively as a team</li> <li>• Communicating to create defending and attacking tactics as a team</li> </ul>	<p><b><u>Health Related Exercise</u></b></p> <ul style="list-style-type: none"> <li>• Initial Fitness Assessment</li> <li>• Cardio Fitness 1</li> <li>• Flexibility</li> <li>• Strength</li> <li>• Cardio Fitness 2</li> <li>• Fitness Assessment</li> </ul>

## KS2 Overview of Learning

Overview of Learning	Gymnastics	Dance
Year 3	<p><b><u>Symmetry &amp; Asymmetry</u></b></p> <ul style="list-style-type: none"> <li>• Introduction to symmetry</li> <li>• Introduction to asymmetry</li> <li>• Application of learning onto apparatus</li> <li>• Sequence formation</li> <li>• Sequence completion</li> </ul>	<p><b><u>Dance</u></b></p> <ul style="list-style-type: none"> <li>• Responding to stimuli</li> <li>• Developing character dance into a motif</li> <li>• Extending sequences with a partner in character</li> <li>• Developing sequences with a partner in character that show relationships</li> <li>• Extending dance skills in choreography</li> </ul>
Year 4	<p><b><u>Bridges</u></b></p> <ul style="list-style-type: none"> <li>• Introduction to bridges</li> <li>• Application of bridge learning onto apparatus</li> <li>• Develop sequences with bridges</li> <li>• Sequence formation</li> <li>• Sequence completion</li> </ul>	<p><b><u>Dance</u></b></p> <ul style="list-style-type: none"> <li>• Responding to stimuli working together</li> <li>• Extending sequences with a partner in character</li> <li>• Exploring two contrasting Relationships and interlinking dance moves</li> <li>• Sequences, relationships, choreography and performance</li> </ul>
Year 5	<p><b><u>Counter Balance &amp; Counter Tension</u></b></p> <ul style="list-style-type: none"> <li>• Introduction to counter balance</li> <li>• Application of counter balance learning onto apparatus</li> <li>• Sequence formation</li> <li>• Counter Tension</li> <li>• Sequence completion</li> </ul>	<p><b><u>Dance</u></b></p> <ul style="list-style-type: none"> <li>• Extending sequences with a partner using compositional principles</li> <li>• Creating movement using improvisation where movement is reactive</li> <li>• Developing sequences showing interlinking dance moves</li> </ul>
Year 6	<p><b><u>Matching &amp; Mirroring</u></b></p> <ul style="list-style-type: none"> <li>• Introduction to matching</li> <li>• Application of matching learning onto apparatus</li> <li>• Introducing mirroring</li> <li>• Application of mirroring learning onto apparatus</li> <li>• Sequence development</li> </ul>	<p><b><u>Dance</u></b></p> <ul style="list-style-type: none"> <li>• Performing with technical control and rhythm in a group</li> <li>• Creating rhythmic patterns using the body</li> <li>• Experiencing dance from a different culture</li> <li>• Chorographical elements including still imagery</li> <li>• Extending our choreography through controlled movements, character emotion and expression</li> <li>• Explore the relationships between characters applying character emotion and expression</li> </ul>