

ORGANISATION	EXPLANATION	OPERATIONS ADVICE	CONTACT INFO/WEB LINKS
Parent Info	Parent Info provides support and advice to parents, with contributions from the leading experts and organisations in matters related to young people and families in a digital world		<a href="https://parentinfo.org/articles/all">https://parentinfo.org/articles/all</a>
Thinkuknow	Explore one of the six Thinkuknow websites for advice about staying safe when you're on a phone, tablet or computer.		<a href="https://www.thinkuknow.co.uk/">https://www.thinkuknow.co.uk/</a>
Internet Matters	E-safety tips for parents of primary and secondary school children		<a href="https://www.internetmatters.org/wp-content/uploads/2015/06/ncro3p-Internet-Matters-E-safety-Primary-School1.pdf">https://www.internetmatters.org/wp-content/uploads/2015/06/ncro3p-Internet-Matters-E-safety-Primary-School1.pdf</a>  <a href="http://www.internetmatters.org/schools-esafety/secondary/">//www.internetmatters.org/schools-esafety/secondary/</a>
National Online Safety	Top tips for children and online learning		<a href="https://nationalonlinesafety.com/guides/10-top-tips-remote-learning-for-children">https://nationalonlinesafety.com/guides/10-top-tips-remote-learning-for-children</a>



**S SAFE** Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.

**M MEETING** Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

**A ACCEPTING** Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

**R RELIABLE** Information you find on the internet may not be true, or someone online may be lying about who they are.

**T TELL** Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.  
You can report online abuse to the police at [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

**THINK UKNOW**